

CHINESE DISHES

OUR SPECIALTIES

Seafood Bird's Nest.....	31.80
Combination Bird's Nest (Chicken, Beef, Prawn)	30.80
Phoenix Bird's Nest (Chicken)	29.80
Salt & Pepper King Prawns	28.80
Rainbow Steak	26.80
Salt & Pepper Pork Ribs	25.80
Hong Kong Combination	25.80
Combination with Honey Black Pepper Sauce	25.80
Singapore Fried Squid (Main).....	25.80
Sang Choy Bow	25.80
Salt & Pepper OR Rainbow Chicken	25.80
Golden Crispy Skin Chicken	24.80

NOODLES

Served with crispy chow mein on the side

Chicken, Beef or Pork	23.50
Combination (Chicken, Beef, Prawn)	26.00
King Prawn or Seafood	27.00
Singapore or Shanghai Noodles	22.90

OMELETTE

With vegetables & topped with delicious gravy

Chicken, Beef or Ham	23.50
Combination (Chicken, Pork, Shrimp)	25.50
King Prawn.....	26.50
Plain	18.50

VEGETARIAN DISHES

Seasonal Vegetables with your choice of sauce	21.80
Stir Fry Vegetables (Braised)	20.80
Salt & Pepper Tofu	22.80
Vegetable Crispy Chow Mein or Omelette.....	21.80
Vegetarian Singapore Noodle (Chilli)	21.80
Stir Fry Tofu with Seasonal Vegetables	22.80
Vegetarian Bird's Nest with Cashews	27.00
Vegetarian Fried Rice	13.80

CHINESE DISHES

ENTRÉES

Mixed Combo: Spring Roll, Dim Sim, Prawn Toast, Chicken & Ham Roll (1 each)	11.80
Spring Rolls (4 pcs)	10.80
Dim Sims (4 pcs)	10.80
Vegetarian Spring Rolls (4 pcs)	10.80
Prawn Toast (6 pcs)	11.80
Chicken & Ham Rolls (4 pcs)	11.80
Bacon Prawns (3 pcs)	12.80
Singapore Fried Squid	13.80
Garlic King Prawns (6 pcs)	13.80
Prawn Fritters (6 pcs)	13.80

SOUP: ENTRÉES

Short Soup (Wontons)	10.00
Chicken & Sweet Corn Soup	9.00
Long Soup (Noodles)	9.00
Tom Yum Chicken (Hot & Sour)	11.00
Tom Yum King Prawn (Hot & Sour)	13.00

MAINS

All served with seasonal vegetables

Chicken or Beef.....	23.00
Pork or BBQ Pork	23.00
Lamb	24.50
Combination (Chicken, Beef, Prawn)	25.50
King Prawn or Seafood	26.50

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|-----------------------|----------------------|
| ● Black Bean | ● Mongolian |
| ● Braised or Oyster | ● Peking |
| ● Chilli | ● Plum |
| ● Curry | ● Sate |
| ● Garlic | ● Special Sauce |
| ● Ginger Shallot (+1) | ● Sweet & Sour |
| ● Honey | ● Sweet Chilli Basil |

RICE & SIDES

Boiled Rice	Small 5.00	Large 7.00
Fried Rice	Small 11.50	Large 13.50
Special Fried Rice	Small 13.50	Large 15.50
Thai Fried Rice		16.50
Hot Chips		7.00
Prawn Chips		4.00

THAI DISHES

ENTRÉES

Curry Puffs (4 pcs)	11.80
Fish Cakes (6 pcs)	11.80
Fried Wontons (8 pcs)	11.80

MAINS

Curries are Cooked with Coconut Milk & Served with Seasonal Vegetables

Chicken, Beef or Pork	23.50
Combination (Chicken, Beef, Prawn)	26.00
King Prawn or Seafood	27.00

- Panang Curry
- Yellow Curry
- Green Curry
- Cinnamon Curry
- Garlic & Pepper Sauce

Chicken Pad Thai Noodles	21.90
Beef Pad Thai Noodles	22.90

VIETNAMESE DISHES

ENTRÉES

Sate Chicken Skewers (3 pcs)	11.80
Chicken & Prawn Rice Paper Rolls (2 rolls)	11.80
Pork Rice Paper Rolls (2 rolls)	11.80
Steamed Pork Rice Rolls (2 rolls)	12.80

MAINS

Chicken, Beef or Pork	23.50
Combination (Chicken, Beef, Prawn).....	26.00
King Prawn	27.00

- Lemongrass
- Vermicelli Noodle Salad
- Sweet Pepper Sauce

SUPER SAVER PACKS

57	2 Mains Pack 8 Entrees (2 piece each: Dim Sim, Spring Roll, Fried Wonton, Prawn Toast) + 1 Large Fried Rice
79	3 Mains Pack 12 Entrees (3 piece each: Dim Sim, Spring Roll, Fried Wonton, Prawn Toast) + 1 Large Fried Rice
106	4 Mains Pack 16 Entrees (4 piece each: Fish Cake, Dim Sim, Spring Roll, Prawn Toast) + 2 Large Fried Rice
127	5 Mains Pack 20 Entrees (5 piece each: Singapore Squid, Dim Sim, Spring Roll, Prawn Toast) + 2 Large Fried Rice

CHOICE OF MAINS

Chicken
Beef
Combination
Pork
BBQ Pork

Lamb **+4**
King Prawn **+6**
Fish OR Seafood **+6**
Add Cashews **+4**

CHOICE OF SAUCE/DISH*

Chinese

Black Bean
Braised
Chilli
Curry
Garlic
Mongolian
Omelette
Oyster Sauce
Peking
Sate
Sweet & Sour
Special Sauce
Sweet Chilli Basil
Teriyaki
Honey Chicken
Lemon Chicken

Vietnamese

Lemongrass
Sweet Pepper
Vermicelli Salad

Thai

Cinnamon Curry
Garlic Pepper
Green Curry
Panang Curry
Yellow Curry

Other Mains

Crispy Chow Mein
(Change to soft noodles +4)
San Choy Bow +6
Rainbow +6
Ginger Shallot Sauce +3

***Note: ANY OTHER MAINS will incur extra costs**

LUNCH MENU (11:30-2:30)

RICE DISHES

Chicken, Beef or Pork 15.90
Combination or Lamb 18.90
King Prawn 19.90

Served with Boiled rice (Fried rice 3.00 extra)

CHOICE OF SAUCE

- Teriyaki
- Lemongrass
- Sweet Chilli Basil
- Mongolian
- Garlic
- Honey
- Lemon
- Thai Curry - Panang, Green or Cinnamon (+1)
- Sate
- Sweet & Sour
- Black Bean
- Curry (Chinese)
- Braised
- Chilli
- Hong Kong
- Omelette

NOODLE DISHES

Chicken or Beef Vermicelli 16.90
Vegetarian Spring Roll Vermicelli 17.90
Combination Vermicelli 19.90
King Prawn Vermicelli 20.90
Chicken or Beef with Crispy Chow Mein 16.90
Combination with Crispy Chow Mein 19.90
(Or change to soft noodles for 2.00 extra)

Singapore or Shanghai Noodles 17.90
Chicken Pad Thai Noodles 16.90

LAKSA & NOODLE SOUP

Chicken or Beef Laksa 18.60
Combination Laksa 21.60
King Prawn Laksa 22.60
Crispy Skin Chicken Noodle Soup 18.60
BBQ Pork Noodle Soup 18.60
Seafood Noodle Soup 22.60
Combination Wonton Noodle Soup 22.60

Lunch menu can be ordered after 5pm but with a surcharge - just ask us



High Sea Restaurant

3/2 Memorial Drive Shellharbour

Open 6 Days

Delivery to Local Areas*

5:30 - 8:30pm

Minimum order: \$40

4297 7755

*Prices & conditions are subject to change without further notice. *Fees apply for delivery, minimum order excludes delivery charges.*